



Official Newsletter for the Barony of Shadowed Stars

Constellation Region of the Middle Kingdom

THE SHADOW PRESS

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A LETTER FROM OUR BARONAGE

Greetings to all people of Shadowed Stars!

We are rejoicing once again that the cold winter days have started turning into warm spring days! Soon our practices and A&S projecting will move outside into the sunshine (and maybe a little less rain this year). These are also the perfect days to travel to many of the events being held around the Kingdom.

We will be attending Three Saints to the west in Lafayette, Indiana and Grand Tournament of the Dragon south in Ohio for the month of April. Three Saints this year is pitting all three Constellation Baronies again each other in a War of the Stars. Her Excellency will be participating in the rapier tournament which includes melee, a chair and duels. We have yet to hear what challenge awaits our archers and armored combatants. People that wish to participate off the list, can earn war points for teaching classes, volunteering, teaching and other activities. To check out the full list and the details of the event please follow this link - http://rivenstar.midrealm.org/events/2023/3%20Saints/?fbclid=IwAR0zH7H5PTUearo7Hyc8JeKkq95fRC_PdwD821yydCvq5nFA3RfR8o7PWLg

The month of May brings us to Coronation, which we are so excited to be hosting on the 4th at the Bluffton Fairgrounds. There are going to be many activities to participate in and volunteer opportunities to be had. We encourage you all to volunteer for the event as many hands do make light the work. We are hoping to have combat archery and siege authorizations at the event. If you are interested in either of these please reach out to His Excellency. The day after Coronation there will be a regional war practice at Foster Park in the afternoon. Later in the month of May, we will be attending Crown Tournament and Kingdom A&S Competition. We will be traveling in June to North Oaken War Maneuvers and to Simple Day.

We would like to thank everyone again that attend the Carrol School demo – we once again had a fantastic turnout! We have seen pictures of the Shadowed Stars that travelled far to the south to participate in the War there and we are so proud of you. You represented your Kingdom and your Barony very well. We would remind everyone about the travel challenge – don't forget to get your tokens when you travel to an event outside the Barony.

One Midrealm!
Baron Ronan & Baroness Hadley





Photo Courtesy of Leandra Corzi

BARONIAL CALENDAR AT-A-GLANCE

Baronial Practices and Chats:

A&S Classes—Please see Facebook or Calendar, schedules vary

Archery Practice — Next date to be announced.

Armored and Rapier Practice— 6:00-8:00 PM EDT; for location please check online calendar.

Equestrian Practice – Next date to be announced.

NOTE:

For the times, locations, class information, and most up-to-date info on these and other Shadowed Stars activities, please visit the Baronial Calendar online at:

<http://shadowedstars.midrealm.org/calendar>.

Business Meetings

April, May, and June dates to be posted
7:00 PM Start

<https://www.facebook.com/groups/ShadowedStars/posts/6088586831184757/>

We we are hosting Coronation on My 6th, please check out details for the even on the website.

<https://shadowedstars.midrealm.org/coronation-spring-2023/>

Also check recent posts on the Shadowed Stars Facebook group page for last-minute updates , possible cancellations or schedule changes.

Draco Invictus!

Master
Fergus
Macpherson

Photo Courtesy
of Leandra Corzi



Draco Invictus!!

Soon Shadowed Stars will be holding another Coronation. Along with Spring Coronation comes talk of war in the coming months. Pennsic War 50 will be here before we know it. My first Pennsic was 25 and I went for 2 weeks. I was hooked.

I was not fully prepared for what a Pennsic can bring. Along with the high temperatures, came torrential rain.

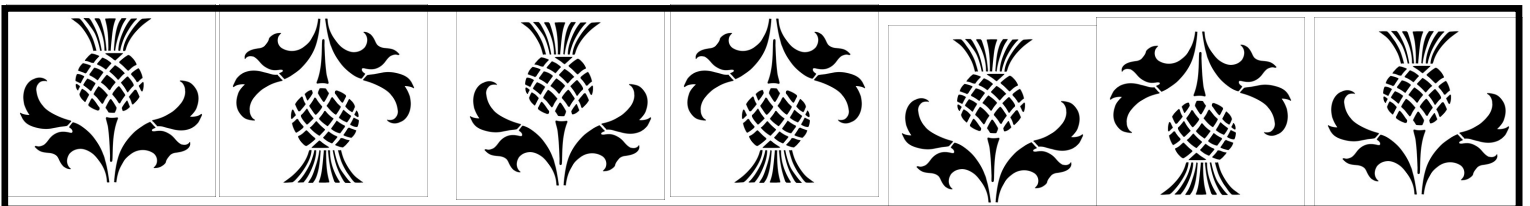
At one point the rain was so hard we were able to shampoo our hair. Afterwards we floated wood in the flooded fire pit to start a fire. Although Maggie had been to many Pennsics before, we were unprepared to camp on our own.

That year they held 10 armored battles..... 10!! The younger me was excited to fight in every one of them. I fought until my head was spinning from the heat. A black helmet on 100-degree, cloudless day is a very bad idea. Luckily, someone had the common sense to pull me off the field.

I don't remember if the Midrealm won that year. I don't remember the people I partied with, although I remember the parties. Until a few years ago, I couldn't have told you who the king was (It was Edmond by the way).

What brings me back? It's hanging out with my friends. It's enjoying court from the back, with a bottle in my hand. It's the fighting. It's so many things.

Will you be at Pennsic 50?



Val Day: A Day of Friends, Laughter and Shopping!

Dame Maggie Mackeith



Every year, my birthday falls on or around Val Day. My hubby and I use it as a time to celebrate. It has become one of my favorite events of the year and the chance to see friends from all over the kingdom is one that I cherish.

This year was no different. We missed the two years of Val Day that were cancelled due to COVID and were glad to be back, in our usual spot in the rattan fighting hall, surrounded by people from all the regions of the Midrealm.

We arrived and unloaded and while Fergus set up the tiny piece of space we had, I went to check us in at Gate. When I went to the front hall, the line was 30-40 people deep. I headed to the back of the line and then realized that if I went to help with checking folks in, the line would shrink, I could be helpful AND I'd be right up front to handle our



check in. So, I went to the Gate area, told my good friend Catarina, who was in charge of Gate, that I was there to help and got to work. It was fun to greet so many folks, many friends, and help tame the line. When I left, there were a small handful of folks in line and it felt more manageable to everyone.





When morning court was going on, one of the folks running the snack stand came out to watch and stood close by, finally working up the nerve to ask what was happening. I took some time to explain it to her and watched as she smiled from ear to ear, understanding what she was seeing.

The day was spent shopping, laughing with friends, celebrating birthdays (there are many right around that time), and just enjoying being back at one of the biggest events of the Midrealm.



I did take some time to snap a few pics and I hope you enjoy them.



Words
from our
Incoming
Chate-
laine

Raven
de Lacy



Greetings unto the good gentiles of the Barony of Shadowed Stars.

My mundane name is Ray Linville and in society I was formerly known as Hrafn Grafeldr. When I arrived in these good lands from the early period I settled on a slightly more modern Era of early Tudor and claimed my name. Going forward I will be Raven de Lacy.

I am always looking to assist the society and our Barony and to that end I am formally seeking the opportunity to serve as the Chatelain of our populous. Previously I have held office in the now defunct Shire of Cuil Cholium as it's herald and its deputy chatelain. I have been a part of the Society for over 10 years and I have my AoA and Purple Fret. I'm not a stranger to service and some say I have the gift of gab. If chosen to fulfill the office of Chatelain, I will strive to enhance our community outreach and to be ever diligent in the search for opportunities to advance the Barony and the Society of Creative Anachronism.

In service to the Dream ,
Lord Raven de Lacy

Better
Hearths
and
Baileys
Winter
Solar

Lady Aoife



This was the first time I attended this event. I chose it because of the fairly short drive and list of classes. The day was filled with QUITE the assortment of classes. There were discussions, history, and hands-on classes.

I participated in Ridiculously Easy Flowers, taught by Maitresse Matildis la Libraire. We learned how to do a particular style of illumination using ridiculously easy flowers. I made an artist trading card and it turned out quite well for someone who doesn't think they can draw. Now I am probably gonna have to invest in some illumination supplies again.

My next class was Making basic garb easier and better. I really did not expect to take much away from this class, since I am fairly proficient at making nice tunics and tunic style dresses. Lady Eve Stoneheart, the Wagand, Forester had some superb tips and tricks. She also provided several examples to look at to help figure out how they came together. She gave me permission to use her handout in classes I teach. I will definitely be using some of her Tips and Tricks for the facing class I am teaching at Coronation.

Another class by Lady Eve was Sleeve Armholes and Caps. I was particularly interested in this class because sleeves are always my downfall. We created a template for both the sleeve cap and the armhole. I can't wait to see if this will help me get a better fitting sleeve.





My last “class” of the day was with Mistress Isabel Mounsdoghter. She held a Fiber Salon all day in the lunch area. We played with some fleece and did some whimsical needle felting to make animals. I made this cute needle felted turtle.

The site fee also included lunch, which was pretty impressive. There were three different soups, a really pretty apple tarte and an apricot peach pie. There was also fry bread, SO yummy, a few other breads and rolls, cookies, shortbread, grapes, clementines, and cider, tea, coffee or water to drink.

Some of the other classes available: Overview of Frescoes in Early 15th Cent. Italy, Simple Wrapped Journal, Templar TA-50: Photo Layout, History of Hops, Templar TA-50: Practical applications for rats, Baklava, A Short History of Period Mathematics, Dolmeh Sib/Persian Apples, Fiber Salon, Heraldic Consultation, and Chess Instruction.

I will definitely be watching for this event next year.

Solveig's Hearth, Spring A.S. 57

Solveig
Sigulfsdot
tir



One thing you learn about life is there are ebbs and flows, and sometimes rushing streams! I know from personal experience, I experienced a very low ebb when it came to my participation in the SCA. I was burned out, stressed out and didn't know how to deal with it all. I took a rather abrupt step away and regrouped and learned a few things about myself over the next three years. Just as I was ready to spring back into the SCA, slide really, when Covid hit. That put a real damper on my real desire to reconnect with the people, places and things that I loved dearly. Let me take a minute to express my regret that I didn't handle things better at that time in my life. I'd like to think I have

better coping skills and a much better support system in place now. However, if I hurt, offended, let down, or in any way did a dis-service to you, I am sorry.

So with the turning of the wheel of the seasons, Spring is here again. It is a time for renewal. A time for planting new seeds. Seeds that can turn into fabulous new growth or maybe not so fabulous. My hearth is in terrible disarray. Broken down and full of broken things. But with the coming of the Spring winds, the refreshing rain, and the glorious sunshine I know I can bring some order and life back into that old hearth. I can almost smell the aroma of pottage and fresh bread wafting up from there.



As I clean up my garden, and continue to work on my own projects, I hope that you too can find new growth and hope this Springtime.

I've added two recipes from Volker Bach's translation of Registrum Coquine (Germany, ~1430). I hope you enjoy.

58 – Thus make soup of peas. Take peas and put them in water, until they become soft; and then make them boil. After that, temper them with saffron and other sweet spices, and put in onions (cut) in the manner of dice, with olive oil and marjoram; and make white bread toast, and make small pieces, and pour all that over them. And this will be good for countryfolk.

61 – Thus make a dish (ministrum) of beans. Take and wash them well in hot water, and leave them standing thus for a night; and then they are boiled in fresh water; and grind them well, and put in white wine; and put onions on top, with olive oil or butter, with a little saffron. And this will be good for Lollards and pilgrims.



Ready,
Set,
SEW!

Leandra
Corzi

Photo by
Kolfinna



This past month has seen a flurry of activity as we are getting ready to host Coronation this coming May. May of our friends and Barony members are taking the lead to run departments and help in the prep to allow the members of our kingdom to come and enjoy the day as we bear witness on May 5th.

With that in mind on March 12th several of our members, myself included, came together to add to the stock of clothing in the form of sewing Chemises. Over the last several years our stock of chemises has dwindled for various reasons, so that many of our lovely overdresses are not able to be borrowed as there was no underdress to pair with it. This has now been remedied as we have 5 new chemises to add to our stock, that should be able to last us for many more years to come.

Thanks go out to our wonderful Hostess Lady Kolfinna who gave us the space to work. And a big thanks to all our wonderful seamstresses who joined me in our sewing adventure, Cassandra, Ann, Aoife, Krista, and Kunigunda.



Coloring Pages



This image is from the collection of



Royal College
of Physicians @RCPmuseum

'How Raymondin and Melusine were married.' Jean d'Arras, *Histoire de la belle Mélusine* (Lyon, c.1487).
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'How the knights and squires jousted after dinner.' Jean d'Arras, *Histoire de la belle Mélusine* (Lyon, c.1487).
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'How Anthony and Regnald discomfited the King of Anssay at Luxembourg.' Jean d'Arras, *Histoire de la belle Mélusine* (Lyon, c.1487). Reproduced from Wiley Digital Archives, courtesy of Wiley Ltd.

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'How the giant fled and Geoffrey followed him.' Jean d'Arras, *Histoire de la belle Mélusine* (Lyon, c.1487).
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Royal College
of Physicians @RCPmuseum

Officer Election

Officers

Seneschal

Mael Duin

Knight Marshall

Fergus

Exchequer

Vote suspended until September

MoAS

Vote suspended until September

Chatelaine

Raven de Lacy

Webminister

Solveig Sigulfsdottir

Herald

Muireen

Rapier Marshall

Vote suspended until September

12th Night

In Case
you
Missed It:
Event
Photos

Chronicle

Leandra
Corzi



Val Day



Better War Through Archery



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FROM THE CHRONICLER



THE BARONY WANTS TO HEAR FROM YOU!

◆ We need everyone to submit content for our newsletter!
Things like: Editorials, pictures, Event Reports, Persona Bios, Artwork, and short stories for the quarterly newsletter!

◆ If you would like to create a regular or semi-regular column or have ideas of things we can include in future issues, please contact us at chronicler@shadowedstars.org!

DEADLINE FOR SUBMISSIONS:

◆ **Submit by June 20, 2023, for inclusion in the next issue.**

RULES FOR SUBMISSIONS:

- ◆ Release Form types:
 - * Creative - For all articles, poems, original artwork that is not a photograph, and the like // We bring this to you and we keep on file.
 - * Photographer - Photographs // We bring this to you and we keep on file.
 - * Model - For the recognizable person(s) in the photograph(s) // You get signed by people in your submitted photograph, turn it in with your photo, and we keep on file.
- ◇ Model Release Forms are available for download from midrealm.org/chronicler.
- ◇ **If you are unable to print needed Release Forms, please let the Chronicler know and they will be supplied for you.**
- ◆ Pictures:
 - ◇ Submit as many photos as you can of our Barony activities as well as events and happenings of the SCA groups around us!
 - ◇ Needed with Submission: Name of Event, date, location, SCA titles and names of those in the photo
 - ◇ Appropriate Model Release forms for those who are recognizable
- ◆ Images from the internet:
 - ◇ If you include an image from the internet with your submission, please make sure to include the active URL link to it.

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