

THE SHADOW PRESS

Official Newsletter for the Barony of Shadowed Stars
Constellation Region of the Middle Kingdom



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FROM THE HISTORIAN

A Call for Information!

Anyone who has any information about the Shire of Shadowed Stars and its goings-on in previous years please send me the information.

Events, officers, meeting places, any classes that were held, Knights, Squires, peers or demos... anything you can think of.

All information will be much appreciated.

You may email me at: historian@shadowedstars.org

Thank you for the help,
Lady Zoe Dukiana

FROM THE SENESCHAL

Happy New Year, fellow Shadowed Stars Baronial members!

The previous year was a busy one for our group. It was also a historic time as we were elevated to Baronial status. What an accomplishment for us all! I am especially proud of the way our Baronial members have come together to provide for our Barony. We have developed regular A&S classes, provided regular Equestrian practices at a facility with available horses, and had regular archery practices where everyone is able to shoot because there is available loaner equipment. Our martial community continues to thrive and be a force to be reckoned with. New groups are being formed, such as the Bardic Circle, and there is interest in a brewing group as well. We are fortunate to have a community of knowledgeable, hard working, and enthusiastic people. There truly is a place for everyone in the Barony of Shadowed Stars!

In the coming year there will be some changes. We will be having monthly officer meetings. These meetings are being held so that we can better manage our Barony and spend less time going over boring administrative details at the business meetings. I would like to see more time after our monthly business meeting used for socializing! Also, we are establishing a financial committee. The financial committee is responsible for two things: setting financial policy for the Barony, and approving all financial activities. Additionally, we will be updating our Baronial Charter. We've learned some things since becoming a Barony and have seen a need for an update.

Going forward into this New Year, I would like everyone to take a moment and consider one thing: how do we want our Barony to be represented to the Middle Kingdom? Do we want Shadowed Stars to be known for Service? Or, should we be known for our Rapier community? Or do we want to be known for our established Equestrian focus? Do we want to continue to develop our reputation for hospitality? Let's continue to think and discuss what we want our Barony to be and let's keep working towards keeping Shadowed Stars a place where there is something for everyone.

YIS,
Sol

BARONIAL CALENDAR AT-A-GLANCE

JANUARY 2016

- 6, 20 - Archery Practice
- 10, 17, 24, 31 - Arts & Sciences (A&S) Meetings and Classes
- 10, 12, 17, 19, 24, 26, 31 - Fencing Practice
- 10, 17, 24, 31 - Heavy Fighter Practice
- 11, 25 - Dance Practice
- 13, 27 - Bardic Practice ***NEW!***
- 25 - Business Meeting

FEBRUARY 2016

(see NOTE below)

MARCH 2016

(see NOTE below)

NOTE: For the times, locations, class information, and most up-to-date info on these and other Shadowed Stars activities, please visit the Baronial Calendar link at www.shadowedstars.org/calendar and also check recent posts for last-minute updates and possible schedule changes on the Shadowed Stars Facebook group.

FROM THE BARON & BARONESS

Unto our beloved Barony of Shadowed Stars do we, Baron Fergus MacPherson and Baroness Maggie MacKeith, send wishes for a warm hearth and home as we approach the cold winter months,

Our first six months as a Barony have been full of adventure and we look forward to a new year that is sure to include more! We have been joined by many new people in the last few months and we welcome them with all our hearts. Please feel free to contact anyone in the group for any questions or concerns you might have.

In the upcoming spring, we are hosting the Coronation of Cameron II and Amalie II. Some of you might not know that it was this couple, during their first reign, who brought us the joyous news that our request to become a Barony had been granted. For this reason, and so many others, Cameron and Amalie have long been considered friends of our group. Therefore, when His (at the time brand new) Highness asked if we would be willing to submit a bid to host Coronation, we happily agreed. Now we are in full planning mode and are looking forward to having a wonderful and successful event for the Midrealm. Coronation is being combined with our traditional spring event, This Land is Our Land, and will require 'all hands on deck' to assure its success. If you have a particular area for which you'd like to volunteer, please contact our event steward, Ulrich Halfdan Ulfsson, and he will direct you to the appropriate department head. We can safely expect 200-300 people, at a minimum, to attend this event, so please come prepared to help make our Barony shine.

There are many events coming up as the new year dawns and all of them offer a delightful variety of activities to entertain you. Fergus and I will be in attendance at several events, including Tree-Girt-Sea's Twelfth Night, Festival of Maidens (with a Persona Royal University of the Midrealm), Better War Thru Archery, St. Valentine's Day Massacre, Grand Tournament of the Unicorn, Feast of Three Saints and likely a few more. We hope to see you at these events, if you are able to attend. We have made it a practice to take the Baronial banner with us so that you always have a 'home' at events. Come join us, if you'd like.

We have had many of our populace receive awards in the last year and we are thrilled to see so many receiving recognition! If there is someone that you feel is deserving of an award, take the time to write a recommendation. Baroness Maggie loves helping people gain a better understanding of the SCA and the awards system, so ask for help, if needed, and she will be happy to teach you what she knows.

We are here to serve the Barony and are thankful for the opportunity to be in such a diverse and talented group of people. If there is anything you need, or any questions with which we could help, please know that we welcome your calls, visits and missives.

Yours,
Fergus and Maggie
Baron and Baroness, Shadowed Stars



Photographer Credit: The Honorable Lady Solveig Sigulfsdottir

SOLVEIG'S HEARTH

by The Honorable Lady Solveig Sigulfsdottir



Once again the wheel has turned and we find ourselves in a new year. The old year ended with a full list of projects.

Continuing with my grand adventure with cooking, my dear husband Alfairin and I built a raised hearth in my garden. It is such a joy to cook outside.

My first attempt was some flatbread on my new skillet. It turned out well and tasted very good with some fresh cheese.

If you are attending the 50-Year celebration I will have a large raised hearth that will be available for cooking demonstrations and hands-on cooking. We will be experimenting with many types of cooking including roasting, and cooking in ceramic pots.



Photographer Credit: The Honorable Lady Solveig Sigulfsdottir



In October I attended a lovely event in Foxvale. Rikard cooked an amazing Viking feast and I was honored to be invited to help. I was surrounded by very talented cooks all day and had an amazing time.

My partner and I rolled and cooked barley flatbread for hours. When it came time for dinner, the bread was gone in about 15 minutes!

The food was amazing. I especially enjoyed beef tongue, and pickled kale with skyr.

Photographer Credit: The Honorable Lady Solveig Sigulfsdottir

(Continued on page 4)

(Solveig's Hearth - Continued from page 3)



No Viking household is complete without dairy products.

I've been busy making cheese, skyr, and using whey in various ways. The cheese I'm making now is a soft cheese made with a culture and rennet.

In the past, I've been making cheese by heating and then adding an acid to form the curds. The current process uses a room temperature method which preserves the good bacteria in the whey.

The whey can be used for fermentation when you use this process because the good bacteria aren't killed by the heat. The pickled kale I enjoyed at Rikard's feast was fermented with whey. It was delicious and I plan on preparing some pickled kale in the near future.

Photographer Credit: The Honorable Lady Solveig Sigulfsdottir

October was an especially exciting month. Not only did I get to help cook, but I was able to attend the Cook's Symposium. The symposium was a weekend of cooking, eating, drinking, laughing and sharing with the best cooks in the Known World.

The day was filled with workshops, lecture, and hands-on.

It was very difficult to choose from the wide assortment of classes!

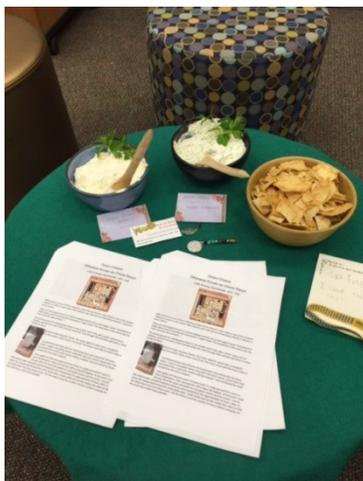
One of the sessions I participated in was on Turkish Baklava. Our class spent two hours rolling thin layers of dough while our instructor placed them in a pan, covered them in nuts, and drizzled them with honey syrup. It was delicious.

There was also a class on Turkish coffee. If any of you know of my love for coffee then you know I was in heaven.

The day ended with a feast. Imagine 25 of the best cooks in the Known World bringing their best dishes to share. It was amazing. If you get the chance, even if you aren't a cook, I highly recommend going to the symposium.



Photographer Credit: The Honorable Lady Solveig Sigulfsdottir



Then there was Royal University of the Midrealm (RUM).

There were almost 100 classes to choose from this session.

I chose to take a class on cheesemaking and pasta making.

I was already familiar with Mistress Waldetrudis, (I'm fostered to her), but you can always learn something new and I wanted to brush up on my knowledge of Mozzarella cheesemaking.

As always, it was a ton of fun making cheese with 20 of your closest friends.

Photographer Credit: The Honorable Lady Solveig Sigulfsdottir

(Continued on page 5)

(Solveig's Hearth - Continued from page 4)

Then there was the pasta class. I've never learned how to make pasta!

My friends Gwydion and Ayana also took the class.

We made mounds of different types of flour, made little wells in the middle of the mounds, poured in liquid and then got to smush the flour and liquid around until it made a soft dough. How much fun!

Then the rolling and pinching and shape-making started. Who knew you could have this much fun with flour and water outside of bread-making?

My favorite noodle was the variety made with saffron and egg. Not only was it a pretty yellow, but it had a soft texture and a subtle flavor. I ended up boiling my saffron noodles in vegetable broth and tossing it with butter, garlic, salt, and pepper. So good! Gwydion made several different types of ravioli and knowing Ayana I'm sure she made something wonderful as well.



Photographer Credit: The Honorable Lady Solveig Sigulfssdottir

I will be offering a pasta-making class sometime in the Spring. So if you are interested in learning how to make pasta, stay tuned!

The Queen issued an A&S challenge to make something that related to the word green. My entry was green cheese. The cheese wasn't actually green, but the term green cheese means that it is a new cheese, freshly made. I made two types of cheese; one with garlic and one with green herbs. Even though I didn't win the challenge, I had a great time feeding people green cheese.

The year ended with our Barony being awarded the bid for the Coronation of TRH Cameron and Amalie. I was asked to cook the feast and, with the help of Master Fairfax, we will be offering an Anglo Saxon feast. Preparations have started and I've been reading an interesting book by Ann Hagen all about Anglo Saxon food preparation and distribution.

The year is beginning with our Baronial 12th Night celebration. I'm looking forward to a day filled with fellowship and feasting, and a year filled with newfound knowledge and adventure.

Until we meet again, keep your hearthfire lit in your home and in your heart.

Answers to the Horse Trivia questions on Page 10.

- 1J - Imagine if a bomb went off and your horse remained calm;
 2L - used by poorer knights, men-at-arms, and squires;
 3A - not to be confused with a wether (a castrated male goat)
 4F - aka gaited horse, could be as expensive as a war horse;
 5K - a hand = 4 inches. The world record tallest horse is 20 hands, 2.75 inches tall;
 6B - made of similar hoof material, comparable to human fingernails. Also an insult akin to a red-head: "chestnut mare" = crazy/feisty;
 7D - draft horses are even-tempered ("cold-blooded"), where war horses were fierce ("hot-blooded"),
 8G - synonymous with new/inexperienced/fresh (as the green grass);
 9C - examples: Tennessee Walker, Paso Fino, Icelandic, and Standardbred;
 10I - one of many "tricks" a classically trained horse was taught as an intimidation tactic;
 11H - "Spanish"-type horses such as the Andalusian, Lipizzaner, Lusitano, and modern Friesian, with strong, powerful, and agile bodies, exaggerated knee-action, and typically having thick necks, manes, and tails;
 12E - prized over mares for their even temperaments and willingness to please.

ARMORER'S CORNER

by Lord Giovanni Di Fauro

The Basics of Solid Riveting

This is a really basic description to give you an understanding of how to join material with solid rivets. It is one of the most common questions I am asked as an armorer and can be done by anyone with very limited resources. There are more and advanced techniques available, but the best way to learn is to try it!

(This article is summarized and paraphrased by Lord Giovanni from: armourkris. How to peen a rivet,(2015) web.<http://www.instructables.com/id/How-to-peen-a-rivet/>)

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Let's start with what you'll need.

- a 3 ton metal punch
- 115 pound anvil
- a 16 oz ball peen hammer
- 12 inch side cutters
- 2 pieces of metal to rivet together
- 1/8th, 3/16th, 1/4th inch steel, brass or copper rivets.

Well, obviously you don't need to use these tools specifically.

- A drill, in most cases, works better and is more practical than a metal punch, and the anvil can be replaced with any anvil like object. I regularly use a piece of railroad track or hunk of steel, a brick, anything that can support the rivet and material as you hammer.
- A medium to light weight hammer is recommended and it is important to have at least one ball peen in your kit.
- Cutters can be anything that you can get through the steel, bolt cutters, dremel tool, grinders, etc.
- As for the rivet itself, usually use 1/8th inch rivets (roofing nails) for decorative and light joining 3/16th inch rivets (roughly size 16d nails) for helms, armor and heavy work.

I use roofing nails when I'm attaching leather/cloth to metal, or a boss to a wooden shield. The flat head acts as a washer to spread the stress at the attachment points.

I had listed two pieces of metal and this would be a typical join but there are endless possibilities, as long as the two pieces can be drilled through and support for the rivet is adequate, anything can be riveted together!

Gauge the material you are joining, we will use a roofing nail and 2 pieces of steel for this project, the nail is typically 1/8th inch; so use a 1/8th inch drill bit and bore through the two pieces. For larger rivets use a bit that matches the diameter of the rivet (we'll talk about articulating diameters later).

Pass the roofing nail through the pieces and compress everything down tight.

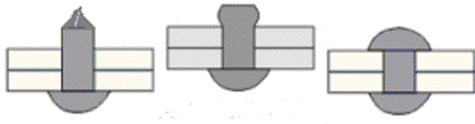
You will need to cut the excess off, a good rule of thumb is half the width of the rivet.

(Continued on page 6)

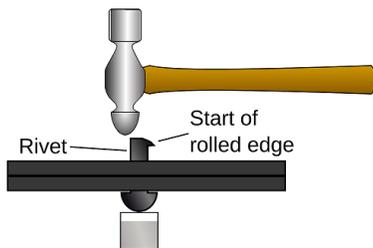
(The Basics of Solid Riveting - Continued from page 6)

If using cutters, you'll see that it has a small peak after you cut the rivet. Use the flat side of the hammer and tap the peak down. If using a dremel or cutoff wheel, it should be flat. Now that the rivet is flat, lightly hit it straight down from the top to flatten it out (flat side again).

With the rivet flattened the pieces should now be stuck together, but it is important to keep the pieces tight for a good join.



Switch and start using the round end of the hammer, hitting it on a bit of a diagonal work your way in circles around the shank of the rivet. This should cause the head of the rivet to begin to mushroom out.



Continue to lightly hit the head of the rivet to create a nice dome and smooth any sharp edges.

Voila! You have now riveted, try and experiment with various materials and sizes of rivets, the possibilities are endless!

Additional notes:

- Since you only need the first 3/8 or less of a nail usually, get them in the shortest size you can.
- The large head on a roofing nail acts like a built in washer. That makes them good for riveting metal onto fabric, leather or plastic.
- If carefully pounded upside down into a cupped shaped form you can 'dome' roofing nails to look like round headed rivets.
- For most uses a 6d wire nail or roofing nail will work fine. And you can go all the way up to a carriage bolt if you ever need a rivet bigger than 1/4 inch.
- For articulating pieces, use a holes a little larger than the rivet, a washer under the end you are peening, and peen it over a rivet spacer; do not strike down hard! You will deform the rivet shaft. A rivet spacer is just a piece of scrap metal or something similar with a slot cut into the end. It makes sure that your rivet is loose enough to allow the pieces joined to articulate.

DRACO INVICTUS!

by Captain Ulrich Halfdan Ulfsson

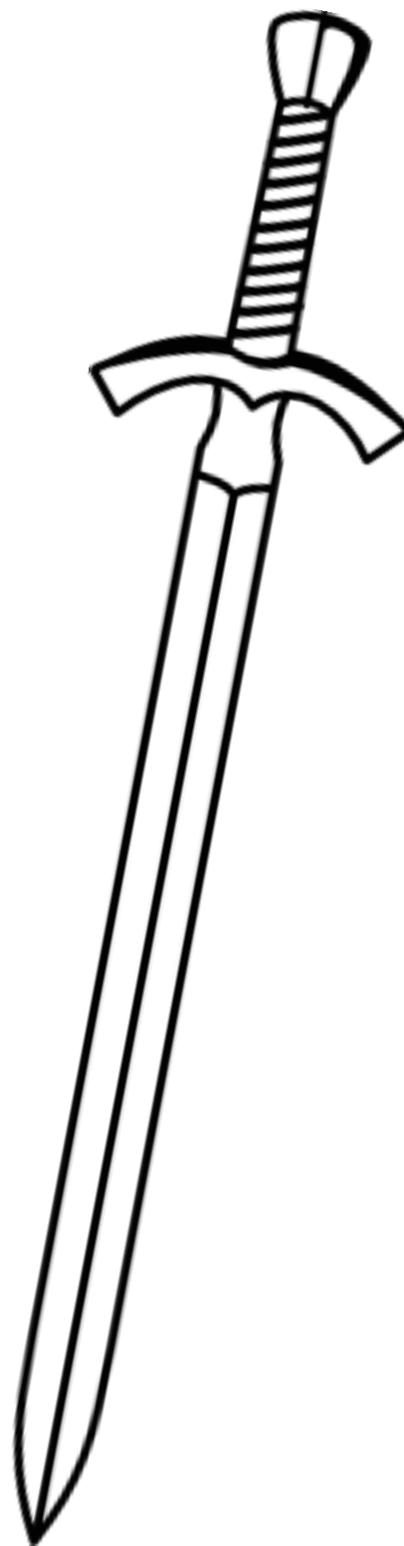
Greetings, Barony of Shadowed Stars!

I hope that one and all have had a great beginning to the new year and look forward to the coming year.

Moving into 2016, there are many exciting things to look forward to, especially the opportunity to participate in the SCA's 50th Anniversary celebration, a truly once-in-a-lifetime opportunity that is being hosted right here in Constellation!

The major event season is starting soon and the events will be even closer together because of the 50-Year Celebration being squeezed in on the Midrealm Calendar. One of the largest tournaments of the year, Candlemas, is a scant month away with Saint Valentine's Day Massacre (Val Day) just a week after. Both are always great events and shouldn't be missed. Our Barony always makes a great showing at Val Day and it is a great event for anyone needing to authorize in a new weapon style or for an initial authorization.

While we enjoy the warmth of our hearths and fellowship with friends and family we need to be ever mindful of the war drums that have already begun beating to the south. Gulf Wars will be upon us very soon hosted by the Kingdom of Glenn Abhann. His Majesty has declared that we are allied with our friends from Trimaris this year and we are looking forward to a hard-fought and honorable war. There is still time to ensure your armor is in order, blades are sharp, arrows are straight, and the final touches are completed on that A&S project you've been working on.



FROM TRADITION TO HISTORY: FENCING IN SHADOWED STARS

by Warder Philipp Reimer von Wolfenbüttel

Back to the Source: Exploring I.33

Sometimes called the Walpurgis Fechtbuch or the Tower Manuscript, and frequently referred to only by its catalog number, Royal Armories Ms. I.33 or "I.33" for short, the earliest extant fencing manual in historical western fencing dates to somewhere between 1270 and 1320 CE. It is a sort of holy grail among western martial arts scholars, both because it is considered the wellspring of the European fencing tradition and because it is a notoriously difficult piece to study. And so it was with no little trepidation that a small group of friends and I began exploring this sword and buckler system in earnest.

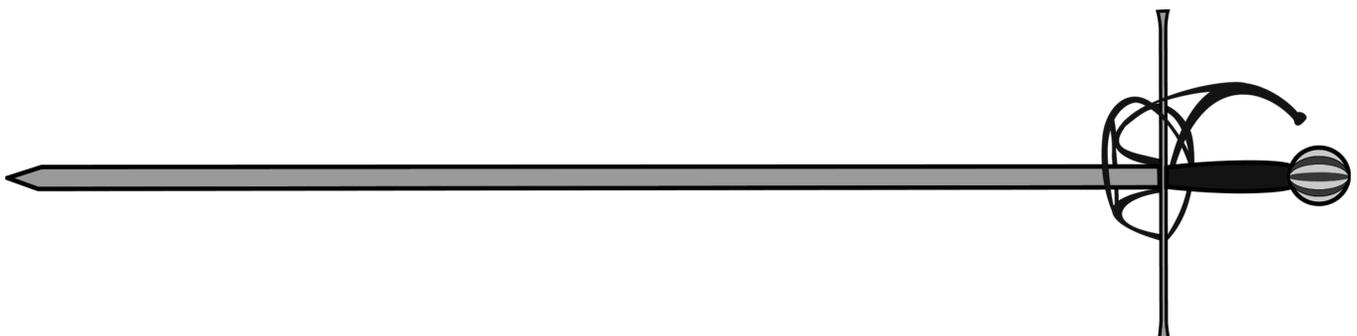
Over the past few months, I.33 has become a bit of an obsession of mine. I've read nearly everything currently in print on the subject, which is woefully little. I've spent hour upon hour going over videos depicting popular interpretations of the art by those who've studied it for decades. I've even consulted with internationally acclaimed instructors who specialize in the subject, each with his own unique take on the matter. And, of course, I've read the text itself countless times, as well as a dozen other key manuscripts between 1350 and 1570 CE for reference, always searching for new insights. It's been quite a journey!

I could fill a page easily just recounting the unique struggles this odd text has challenged me with, from the cryptic language (written in a latin short hand that stumped scholars in the sixteenth century) to the stylized illustrations sketched well over one hundred years before artistic concepts such as foreshortening and perspective meandered from the early Italian renaissance to the German monastery where this work originated. But the gripping part of this process hasn't been the struggle alone—it's the exhilarating experience of conducting the kind of practical anthropology true martial scholarship in the SCA has to offer.

From the critical balance and constraining grip of the short, maille-piercing arming sword and the flexible tactics possible with the small round buckler in vogue over 700 years ago, every hint provided by the Walpurgis Fechtbuch is a revelation, whose implications set the course for European fencing in the centuries to follow. Each discovery—often the result of methodical trial and error—is like stepping back in time, connecting us to a past that few people experience as more than an overlooked footnote.

It's not all work either. This kind of anthropology requires a lot of play time too, exploring the mechanics and pressure testing interpretations of tactics in real time against unwilling opponents. Over time, we've discovered the flow of sword and buckler to be far more elegant than we'd anticipated, replacing the assumption of the brutish medieval swordplay perpetuated by a Hollywood's absurd fantasy with an elegant but deadly fencing art with every bit as much grace as the rapier of the high renaissance.

It has been and continues to be a pleasure sharing the first steps of this journey with the active fencers here in the Barony of Shadowed Stars.



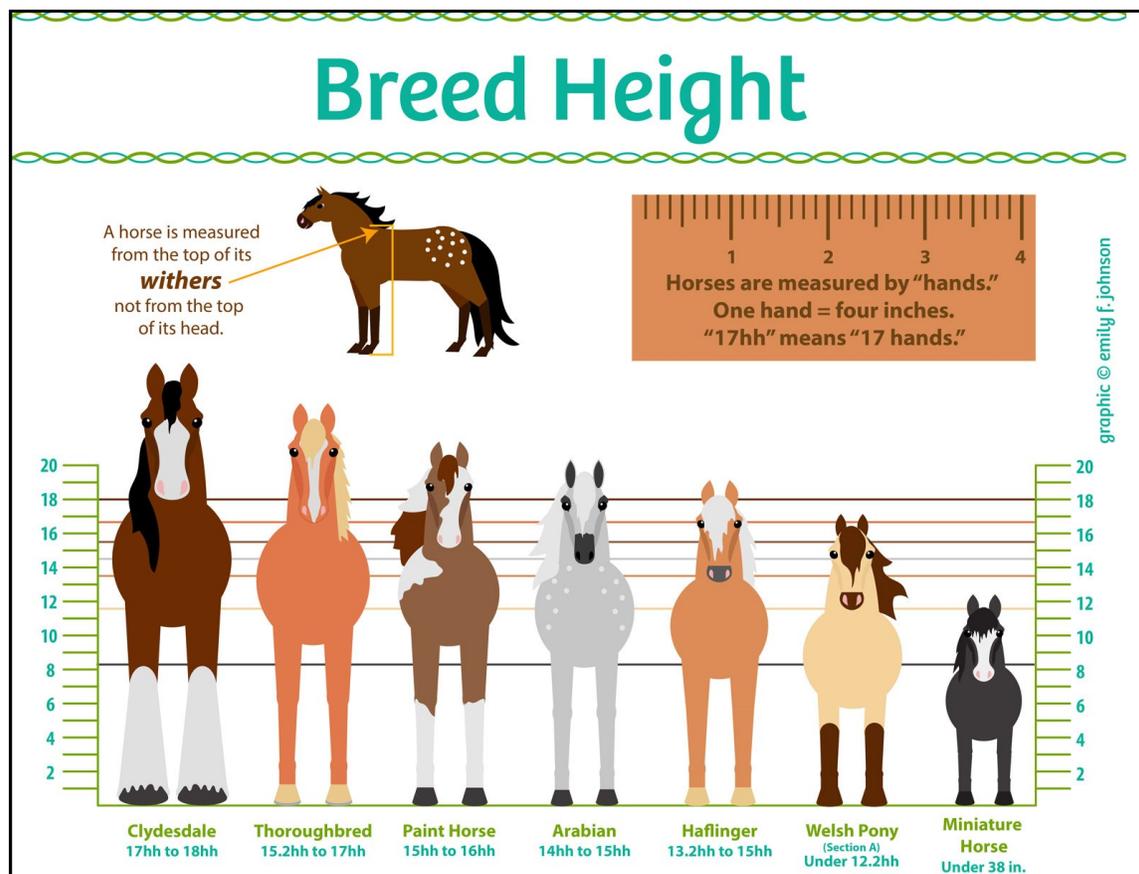
ALL THINGS EQUESTRIAN

by The Honorable Lady Gwendolyn of Shadowed Stars

Horse Trivia - Twelve Equestrian Terms for Twelfth Night

Can you match these twelve equestrian terms and definitions from the middle ages and today? Write the corresponding letter to the term's number. Answers found at the bottom of Page 5.

- | | |
|-----------------|---|
| 1 ___ Bombproof | A. the highest point of a horse's shoulder, where the height is measured |
| 2 ___ Rouncey | B. aside from the color, it is a fleshy growth on all horse limbs, believed to be a vestigial toe |
| 3 ___ Withers | C. a specialized walk or movement that only certain breeds of horses do naturally |
| 4 ___ Palfrey | D. the "great horse" used for war, not necessarily the ancestor of draft horses |
| 5 ___ Hand | E. a castrated male horse, incapable of breeding |
| 6 ___ Chestnut | F. a fancy horse; comfortable for traveling due to specialized walk |
| 7 ___ Destrier | G. aside from the color, a term for a horse with little experience in riding or handling |
| 8 ___ Green | H. a specialized group of horse breeds trained for war and jousting |
| 9 ___ Gaited | I. a technique for war horses to stand on their hind legs only |
| 10 ___ Levade | J. a horse so well trained that nothing could scare it |
| 11 ___ Baroque | K. the unit of measurement for all equines |
| 12 ___ Gelding | L. an ordinary, all-purpose horse |



FALCONRY: A BIRD'S EYE VIEW

by Gwydion Gwrando

My name is Gwydion/Dennis. I am in the second and final year of my Falconry Apprenticeship. After this hunting season I will be putting in my paperwork to become a General Class Falconer which will allow me to have a bigger variety of birds and multiple birds. During the Apprenticeship you are only allowed to have one bird and it can only be a Red Tail Hawk or a Kestrel.

To become a Falconer you must take and pass a written exam, buy or make the equipment needed, build housing for the bird, have everything inspected by a Conservation Officer, and find another Falconer to sponsor you for your two year Apprenticeship.

About 4 years ago I joined Soarin Hawk Raptor Rehab. They Rescue, Rehabilitate, and Release raptors. They also do a lot of educational programs with the raptors. During that time I worked with a lot of different birds. Everything from a little Screech Owl to a Bald Eagle. I have gained a lot of knowledge and experience working with Soarin Hawk. I also met my Falconry Sponsor through them which started me down this path.

The Red Tail that I hunted with last year (Ruthless) I trapped out of the wild and when the hunting season was finished in the Spring she was released back to the wild. When trapping a bird we can only take juveniles, with a couple exceptions. Red Tail Hawks have a 75% mortality rate so by taking them from the wild, feeding them and working with them we increase their chances of survival. Red Tails know how to hunt by instincts, but that doesn't always mean they are GOOD hunters. We train them to hunt WITH us and help them dispatch game when they catch it. We work to build trust with each other. When its time to release we feed them up and they lose all interest in us. Every Falconer is different as is every species, gender, and age of bird.



Caption: Me holding Ruthless.

Photograph Owned By: Gwydion Gwrando



Caption: Me holding a Bald Eagle.

Photograph Owned By: Gwydion Gwrando

The Red Tail I have now (Wrath) fell out of the nest when he was a baby. He was turned into Soarin Hawk Raptor Rehab where they cared for him. After a few months there is went to my Sponsor to evaluate him and was transferred to me in September. I have been working with him ever since. He is coming along very nicely. He has his issues, but so far all is well.

I am happy to answer any questions anyone has.

Thank you, Gwydion

BARONIAL OFFICERS

Seneschal

The Honorable Lady Solveig Sigulfsdottir

Chatelaine

The Honorable Lady Gwendolyn of Shadowed Stars

Minister of A&S

Lady Leandra Corzj

Herald

Lord Ruzhko Chobotar

Interim Exchequer

Lady Caterina de Radeclive

Knights' Marshal

Lord Fergus McPherson

Rapier Marshal

Warder Philipp Reimer von Wolfenbüttel

Archery Marshal

Lord Alfairin Fani

Equestrian Marshal

The Honorable Lady Gwendolyn of Shadowed Stars

Webminister

Warder Philipp Reimer von Wolfenbüttel

Chronicler

Lady Broinninn ingen Magnusa

Dance Coordinator

Lady Leandra Corzj

Historian

Lady Zoe Dukiana

Chief Armorer

Lord Giovanni Di Fauro

List Mistress

Lady Zoe Dukiana

FROM THE CHRONICLER

THE BARONY WANTS TO HEAR FROM YOU!

- ◆ We need everyone to submit content for our newsletter! Things like: Editorials, pictures, Event Reports, Persona Bios, Artwork, and short stories up to 3,000 words for the quarterly newsletter!
- ◆ If you would like to create a regular or semi-regular column or have ideas of things we can include in future issues, please contact us at chronicler@shadowedstars.org!



DEADLINE FOR SUBMISSIONS:

- ◆ Submit by March 31, 2016, for inclusion in the Spring 2016 edition (April publication).

RULES FOR SUBMISSIONS:

- ◆ Release Form types:
 - * Creative - For all articles, poems, original artwork that is not a photograph, and the like // We bring this to you and we keep on file.
 - * Photographer - Photographs // We bring this to you and we keep on file.
 - * Model - For the recognizable person(s) in the photograph(s) // You get signed by people in your submitted photograph, turn it in with your photo, and we keep on file.
- ◇ Model Release Forms are available for download from the Publications page at shadowedstars.org/publications or at midrealm.org/chronicler.
- ◇ **Photographers - If you are unable to print a needed Model Release form, let me know and I will make sure you have a supply of printed ones to keep with you!**
- ◆ Pictures:
 - ◇ Submit as many photos as you can of our Barony activities as well as events and happenings of the groups around us! (You must have taken the photo yourself.)
 - ◇ Needed with Submission: Name of Event, date, location, SCA titles and names of those in the photo
- ◆ Images from the internet:
 - ◇ If you include an image from the internet with your submission, please make sure to include the active URL link to it.

PUBLISHED MEETING MINUTES:

- ◆ Monthly Business Meeting minutes are being transcribed and are available for viewing after the meeting takes place. These transcriptions will also be available for other official Barony meetings as they occur. To see them, please access the Files section on the Shadowed Stars Facebook group or on the Publications page at www.shadowedstars.org.

This is the Winter 2015-2016 issue of The Shadow Press, a publication of the Barony of Shadowed Stars of the Society for Creative Anachronism, Inc. (SCA, Inc.). The Shadow Press is edited by and available from Mary Wiard, email: chronicler@shadowedstars.org. It is not a corporate publication of SCA, Inc., and does not delineate SCA, Inc. policies. Copyright © 2014-2016 Society for Creative Anachronism, Inc. For information on reprinting photographs, articles, or artwork from this publication, please contact the Chronicler, who will assist you in contacting the original creator of the piece. Please respect the legal rights of our contributors.